



Leadership Style Reflection Guide

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Leadership Snapshot



Know Yourself. Lead With Clarity.

This reflection guide is designed to help you uncover key aspects of your leadership identity—your natural tendencies, communication preferences, and how you show up in times of strength and stress. Use it personally or as a team conversation tool.

How would you describe your leadership style in three words?

Example: Collaborative, Strategic, Encouraginghip Snapshot

Your Answer:

What energizes you most as a leader?



(Check all that apply)

- Casting vision
- Problem-solving
- Encouraging others
- Making decisions
- Executing plans
- Building relationships
- Other

Strengths & Growth Areas



What are 2–3 leadership strengths you bring to your team?

1:

2:

3:

When have you felt most confident as a leader?

Think of a recent win, big or small. What contributed to it?



Next Step

Want to dive deeper into your leadership style?
Schedule a 1:1 Debrief Session or explore our Team
Workshops to continue the journey.

Schedule at
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